



Alcohol Ink art is an abstract art form that uses brightly coloured fluid mediums to create beautiful pieces of abstract art. Alcohol inks are the perfect medium for beginners as they don't require any 'art skills' or experience to be able to create unique and beautiful pieces of art.

Further to this, the experience of creating is a wonderful tool to strengthen creativity, promote self-confidence and general well-being. This course has been developed as a fun and engaging activity for woman to assist in unleashing their creativity.

To keep in with the theme of letting it flow, we've added champagne to the mix to create a light and fun atmosphere for you and your friends.

Creating abstract art is a wonderful tool for:

- Building confidence
- Allowing self-expression
- Providing a medium for self-discovery
- Promoting healing
- Strengthening intuition.

This workshop will guide you through a series of structured exercises to introduce you to the basic techniques using alcohol inks. At the end of the course you will take home five of your very own ink art paintings!

Course Structure

By the end of the workshop class you will have:

- acquired basic understanding of alcohol inks
- developed your own style and creative potential
- learned about composition in abstract art
- developed different ink painting techniques
- produced an ink painting on yupo paper.

Who is this course for...

This course is ideal for beginners and people who have some painting experience, looking to explore new mediums and techniques.

Course content

- What are alcohol inks?
- Safety when working with AI
- What surfaces are best suited for AI painting?
- Use of tools such as brushes, hairdryer, straws
- Techniques to achieve different effects and
- Sealing your work

Materials provided

Alcohol Inks, yupo paper and all tools supplied.

Please bring:

- an apron, (or wear old clothing)
- notebook and pen
- a p2 vapour mask (available at hardware stores or can be purchased at the event)

IMPORTANT - please note: You will be using alcohol inks and isopropyl alcohol and you will be exposed to the vapour. Although the workshop will be well ventilated it is advised that bring your own vapour mask, available from hardware stores. If you feel concerned, please discuss with your GP before attending the workshop.

Other information

- Closed-in shoes required
- Please wear old clothes

About the artist

Michelle has always worked in creative industries, but it wasn't until she started painting, particularly with fluid techniques that she found a medium she could freely express herself with. Michelle's paintings are developed using a combination of inks, fluid paints, acrylics, spray paint and pastels. Michelle hopes to share this passion with other women to allow them to engage with their own creativity.

Michelle has a background in education, teaching beauty therapy for many years at TAFE. Her qualifications include and Associate Degree in Adult Education.



Course Fees:

The course fee is \$149 + \$3.73 service fee.

This ticket includes admission for 1 participant into a 3 hour workshop. The workshop includes 2 glasses of champagne, 5 pieces of Yupo Paper and a selection of alcohol inks to use at the event. This workshop is not recommended for pregnant women due to the isopropyl alcohol used in this process. Participants are encouraged to wear masks to avoid inhaling odours.

How do I purchase tickets?

Visit: <https://www.arteshelly.com.au/let-it-flow-workshops>

There will be a list of workshops available, choose your event and select buy tickets. Payment can be made via Paypal, Credit Card or EFT.